



## Insurance Scope – Players & Participants

Your insurance policy allows the insured to participate in all sports up to and including their chosen insurance category.

*Category A Insurance you are covered for all sports within category A only. Category B Insurance you are covered for all sports within category A and B only. Category C Insurance you are covered for all sports within category A, B & C only. Category D Insurance you are covered for all sports within all categories.*

### Category A – Players & Participants

Angling - Athletics - Axeman - Badminton - Billiards - Bocce - Boccia - Bowls - Cheerleading - Chess - Croquet - Dance - Darts - Diving (Board) – **(1)** Fitness Class Participant - Goalball – Gym Member - Ice Skating - Inline Skating - Korfbal - Marching - Netball - Nordic Walking - Octopush - Orienteering - Personal Training - Petanque – Pool (snooker associated) – Power Lifting - Racquet Ball - Roller Skating - Rowing - Running (indoor, cross country, path, road) - Snooker - Squash - Swimming (pool) - Synchronised Swimming - Table Tennis - T-ball - Ten Pin Bowling - Tennis (inc Mini & Short) - Ultimate Frisbee - Volleyball - Water Polo - Weight Lifting

### Category B – Players & Participants

Baseball - Basketball - Canoeing - Crazy Catch - Cricket - Crossbow Shooting - Curling - Dodgeball - Fell Running - Fencing - Floorball - Football - Golf - Hockey (Field) - Hockey (Inline) - Hockey (Roller) - Kayaking – **(2)** Martial Arts - Paddle Tennis - Pole Dancing - Pole Fit - Ringette - Rock-it-Ball - Rogaining - Rounders - Shooting - Softball - Swimming (open water) - Tchoukball - Vigoro

### Category C – Players & Participants

Abseiling - Archery - BMX - Bowhunters - Boxing (amateur) - Cross Country Skiing - Cycling - Gymnastics - Handball - Hurling - Ice Hockey - Lacrosse - Mountain Biking - Sailing - Scuba Diving - Surf Life Saving - Surfing - Trampoline - Triathlon - Wakeboarding - Water Skiing - Windsurfing

### Category D – Players & Participants

American Football - Australian Rules Football - Camogie - Climbing (Indoor) - Gaelic Football - Parachuting - Rugby League - Rugby Union - Skiing (on-piste) - Snowboarding (on-piste)

### **(1) Fitness and Dance Classes - Category A – Players & Participants**

Aerial Hoop Dancing - Aerial Silk Dancing - Aerobics – Aerobic Swimming - Aqua Zumba - Ballet Dancing - Ballet Fit - Belly Dancing - Body Attack - Body Balance - Body Combat (Non Contact) - Body Jam - Body Pump - Body Step - Body Vive - Bokwa - Boot Camp - Boxercise - British Military Fitness - Buggy Fit - Burlesque Fit - Calisthenics - Chair Based Exercise - Chi-Yoga - Circuit Training - Contra Dancing - Country Dancing - Cross Fit - CX Work - Exercise Class - Fitball Classes - Fit Steps - Flamenco Dancing - Folk Dancing - Hip Hop Fit - Hip-Hop Dancing - Hula Hoop Classes - Indian Club Swinging - Insanity Workout - Jazz Dancing - Jazzercise - Jumpstyle - Just Jhoom - Kanga Training - Latin Dancing - Latin Fit - Les Mills - Martial Arts Based Fitness (Non Contact) Classes - Modern Dancing - Pilates – Piloxing - Pre & Post Natal Fitness Classes - Rebounding - Running (indoor, cross country, path, road) - Salsa Dancing - Salsa Fit - Skipping Classes - Spinning Classes - Street Dancing - Swing Dancing - Tai Chi - Tap Dancing - Tap Fit - Thump Boxing - Urban Dancing - Water Exercise - Yoga - Zumba - Zumba Gold - Zumba in the Circuit - Zumba Sentao – Zumbatomics - Zumba Toning - Zumbini

### **(2) Martial Arts - Category B – Players & Participants**

Aiki Jujitsu - Aikido - Bujutsu - Capoeira - Choy Lee Fut - Freestyle Kung Fu - Hapkido - Japanese Karate - Jeet Kune Do - Judo - Jujutsu - Karate - Kempo - Kendo - Korken Karate - Kung Fu - Kyudo - Laido - Ninjutsu - Preying Mantis - Qi Gong - San Soo Kung Fu - Savate - Shindo Junen Ryu - Shotokan - Taekwondo - Tai Chi Chuan - Wing Chun - Wing Tsun - Wushu - Yoseikan Budo